

Date: 06.12.2023

NOTICE  
VALUE ADDED COURSE  
INDIAN KNOWLEDGE SYSTEM  
60 MARK PROJECT PAPER

With reference to the first (1<sup>st</sup>) Semester Undergraduate N.E.P curriculum of Tripura University, all the current first (1<sup>st</sup>) Semester students of Holy Cross College, Agartala [across all the departments], who have opted for the “Indian Knowledge System”, as their Value-Added Course are advised to prepare a **project of 60 marks, based on any topic from any of the four (4) Units of the I.K.S. – Value Added Course syllabus of Tripura University (see Annexure - 1), on or before the 22<sup>nd</sup> January 2024, Monday as per their likings and submit at the G – 2, Staff Room of the History Department.**

Guidelines for preparing the 60-mark Project:

1. filling up of the “Project Topic Selection Google Form” is a must. The web link of the Google Form is - <https://forms.gle/vapHWGgp9XCAQhsf6>
2. There should be a ‘Cover Page’ of the Project, clearly highlighting ‘the Name of the College’, ‘the Name of the Subject’, the name of the student’, the title of the Project’, ‘College Roll Number’, ‘the Name of the Department’ and ‘Submitted to the Department of History, Holy Cross College, Agartala’.
3. The Project should have the following sections: namely, a ‘Content’, followed by an ‘Introduction’, then followed by at least ‘two chapters’, then ending with a ‘Conclusion’.
4. The project should not exceed more than fifteen (15) pages in total, incorporating the above-mentioned point number 2 and 3.
5. The Department of History, encourages the students to go for the “hand written” project only.
6. Usage of Spiral binding, Plastic Glass paper or any other plastic project decorative items is strictly prohibited.

For any kind of further specific project-related guidance, students are advised to meet the faculty members of the History Department, during college hours.

*Datta*  
06/12/2023

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Department of History  
Holy Cross College  
Department of History  
Holy Cross College, Agartala

**DEPARTMENT OF HISTORY  
HOLY CROSS COLLEGE, AGARTALA**

**Annexure – 1**

**Syllabus for Under Graduate studies under NEP-2020**

**Value Added Course**

**Indian Knowledge System**

**Total-3 Credits**

**Total Marks-100**

- Unit-I** **12 Hrs**  
Introduction to the Vedas and Upaniṣads: General structure of the Vedic Literature, Gurukul System of Vedic times (Aśrama Dharma), General Introduction of Upaniṣadic Literature, Philosophical Ideas and Ethics in Upaniṣads, Rta, Rita, Puruṣārtha, Varṇa Dharma, Brahman and Ātman, Mokṣa.
- Unit-II** **12 Hrs**  
Essence of Indian Knowledge- Bhagavadgītā: Jñānyoga, Karmayoga and Bhaktiyoga, Ethics of Niskāma Karma, Law of Karma (Karma-phala) and Freedom of Will, Svadharma, Sādhana Dharma, Lokasamgraha, Sthitaprajña.
- Unit-III** **12 Hrs**  
Introduction to Indian Philosophical Systems, Scientific aspects of Indian Knowledge Systems: Characteristics of Indian Philosophy, Distinction between Darśana and Philosophy, Pramāna, General Introduction to Indian Philosophical systems, i.e. Orthodox and Heterodox, Glimpses of Ancient Indian Science and Technology.
- Unit-IV** **12 Hrs**  
Introduction to Yoga and Ayurveda: Origin and development of Patanjali Yoga, Ayurveda and its Relevance, Integrated Approach to Holistic Health Care.
- Suggested Readings:**
1. Chakravarty, G.N. *The Concept of Cosmic Harmony in the Rg-Veda*. Bangalore: Nagari Book House, 2005.
  2. Chande, M. B. *Indian Philosophy in Modern Times*. New Delhi: Atlantic Publishers, 2000.
  3. Chatterjee, Satish Chandra & D.M. Dutta. *An Introduction to Indian Philosophy*. Kolkata: Rupa and co., 2010.
  4. Gambhirananda, Swami. *Bhagavad-Gita with the Commentary of Sankaracarya*. Advaita Ashrama, Kolkata, 2018.
  5. Gambhirananda, Swami. *Eight Upanishads: With the Commentary of Shankaracharya*. Advaita Ashrama, Kolkata, 2010.
  6. Panda, N. C. *Bhagavad Gita: A New Exposition in a Broader Spectrum*. New Delhi: D.K. Print world Ltd. 2009.
  7. Radhakrishnan, S and J. H. Muirhead (ed.), *Contemporary Indian Philosophy*. George Allen & Unwin Ltd., 1952.
  8. Radhakrishnan, S. *The Bhagavadgita*. USA: Harper Collins, 2011.
  9. Radhakrishnan, S. *The Principal Upanishads*. USA: Harpercollins, 2006.
  10. Vivekananda, Swami. *The Complete Works of Swami Vivekananda*. Kolkata: Advaita Ashrama, 2008.
  11. Kapoor, Kapil, Avadesh Kr. Singh (eds.) *Indian Knowledge Systems (Two Vols)*, IAS, Shimla, 2005.
  12. Moore, Charles A.(ed.) *The Indian Mind: Essentials of Indian Philosophy and Culture*, University of Hawaii Press, Honolulu, 1967.

**Holy Cross College, Agartala**  
**Department of History**

**NEP U.G. 1<sup>st</sup> Semester – September 2023 – January 2024**  
**Value Added Course**  
**Indian Knowledge System**  
**Students' Name List**

<b>Name of the Student</b>	<b>Name of the Department</b>
Dipika Jamatia	ZOOLOGY
Devia Jamatia	ZOOLOGY
Khumpui Jamatia	BOTANY
Samir Debbarma	SOCIAL WORK
Chayanika Acharjee	HUMAN PHYSIOLOGY
Beditri Roy	ENGLISH
Padma Devi Jamatia	ZOOLOGY
Pritam Sarkar	ENGLISH
Apsaria Saha	COMPUTER SCIENCE
Denzil Halam	ECHONOMICS
Ashara Debbarma	BOTANY
Ridisha Das	ZOOLOGY
Sagarika Debbarma	SOCIOLOGY
Kanika Debbarma	KOKBOROK
Anamika Jamatia	KOKBOROK
Sneha Bardhan	ZOOLOGY
Rohan Roy	HUMAN PHYSIOLOGY
Saamyendu Datta	BOTANY
Aditi Debbarma	POLITICAL SCIENCE
Sreeja Roy	HUMAN PHYSIOLOGY
Boyar Debbarma	BOTANY
Devismita Debbarma	POLITICAL SCIENCE
Mary Grace Uchoi	BBA
Khonjopra Kalai	BOTANY
Risa Debbarma	ENGLISH
Inlet Debbarma	ENGLISH
Elia Debbarma	ENGLISH
Sayar Debbarma	BOTANY
Sahel Debbarma	BBA
Ramidas Nongrum	PHYCHOLOGY
Kyrmenlang Dhar	SOCIAL WORK



**Holy Cross College, Agartala**  
**Department of History**

Kaustav Majumdar	POLITICAL SCIENCE
Riya Chakraborty	ZOOLOGY
Bibhu Prasad Debnath	ZOOLOGY
Micheal Debbarma	SOCIOLOGY
Dhriti Choudhury	ENGLISH
SURGADIP DEB	POLITICAL SCIENCE
Suhani Debbarma	SOCIOLOGY
Sarita Murasing	PHYCHOLOGY
Rwksa Debbarma	SOCIOLOGY
Chanika Jamatia	SOCIOLOGY
Twijulang Debbarma	BOTANY
Khumpui Debbarma	HUMAN PHYSIOLOGY
Rose Jamatia	ZOOLOGY
Elina Debbarma	HUMAN PHYSIOLOGY
Biswashree Sinha	HUMAN PHYSIOLOGY
Ishita Debbarma	ENGLISH
Sushmita Debbarma	ENGLISH
Sneha Reang	ENGLISH
Nicoston Mynsong	PHYCHOLOGY
Mouparna Debnath	ENGLISH
Aryan Debbarma	SOCIOLOGY
Watkletshuh Biam	PHYCHOLOGY
Akash Sarkar	HUMAN PHYSIOLOGY
Hrishita Goswami	ENGLISH
Abantika Reang	ZOOLOGY
Chonghori Debbarma	BBA
Aditi Debbarma	BBA
Shefali Jamatia	BBA
Dominik Nipu Gomes	ENGLISH
Suhana Reang	ZOOLOGY
Pramila Debbarma	BBA
Sobitamary Kaipeng	ENGLISH
Rina Noatia	BBA
Rinki Tandi	ENGLISH
Shilpi Reang	SOCIOLOGY

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Anamika Reang	SOCIOLOGY
Yushi Tripura	HUMAN PHYSIOLOGY
Chandrani Chaudhuri	HUMAN PHYSIOLOGY
Abak Choudhuri	ENGLISH
Surgadip Deb	POLITICAL SCIENCE
Piangsianmuana	ENGLISH
Bitan Bhattacharjee	GEOGRAPHY
Punyaslok Sinha	HISTORY
Tiyasa Datta	ENGLISH
Ripan Das	ENGLISH
Manisha Bhattacharjee	HUMAN PHYSIOLOGY
Nia debbarma	ZOOLOGY
Pridhyam Saha	ZOOLOGY
Kushik Reang	BBA
Arkadeep Das	BBA
Sourav kar	BBA
Arindam Sinha	ZOOLOGY
Noel Darlong	SOCIOLOGY
Saptarshi Tripura	BOTANY
Chongkrungti reang	BBA
Rulling Debbarma	BBA
Sagar debbarma	BBA
Tanuja Debbarma	PHYCHOLOGY
Sagar Das	HUMAN PHYSIOLOGY
Binoy jamatia	ENGLISH
Chongkrungti reang	BBA
Dravid aslong	ENGLISH
Lipi jamatia	HISTORY
Dravid aslong	ENGLISH
Bithu Jamatia	HISTORY
Hritwika Debnath	ENGLISH
Gaman Joy Tripura	POLITICAL SCIENCE
Jeshmine Debbarma	POLITICAL SCIENCE
Kallyani Debbarma	POLITICAL SCIENCE
Khakchangti Reang	ENGLISH

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Ayasha Choudhury	ENGLISH
Ritika Jamatia	ZOOLOGY
Padma Devi Jamatia	ZOOLOGY
Sayar Debbarma	BOTANY
Sanju debbarma	BOTANY
Anupama datta	POLITICAL SCIENCE
Jayasri Das	ENGLISH
Ankita Sutradhar	HUMAN PHYSIOLOGY
Diptanu Debbarma	BBA
Neha chakma	ENGLISH
Esther Rose Debbarma	BOTANY
Mandhakini Debbarma	HISTORY
Ritika Debbarma	ENGLISH
Sampili Debbarma	HISTORY
Smai Debbarma	BOTANY
Aniket Debbarma	HISTORY
Chayanika Acharjee	HUMAN PHYSIOLOGY
Sharmila Debbarma	HISTORY
Cyril Sowrob Marak	SOCIAL WORK
Subrai Debbarma	ENGLISH
Sekhar Jamatia	BBA
Johnson Debbarma	HISTORY
Jinia Debbarma	ZOOLOGY
Sanjeevani Rakshit	ENGLISH
Isiri Jamatia	POLITICAL SCIENCE
Sayan Mallik	ENGLISH
Veran Debbarma	ENGLISH
Inlet Debbarma	ENGLISH
Veran Debbarma	ENGLISH
Arjun Debbarma	HISTORY
Nippon Debbarma	ENGLISH
Samir Debbarma	SOCIAL WORK
Risa Debbarma	ENGLISH
Kritika Debbarma	BOTANY
Sarbesh Debbarma	SOCIOLOGY



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Rubel Debbarma	ECHONOMICS
Nia Debbarma	ZOOLOGY
KWTHAR DEBBARMA	HISTORY
Aditi Debbarma	POLITICAL SCIENCE
Beditri Roy	ENGLISH
Kwthar Debbarma	HISTORY
Elbia Debbarma	BBA
Sonia Debbarma	HUMAN PHYSIOLOGY
Sahil Debbarma	POLITICAL SCIENCE
Sagarika Debbarma	SOCIOLOGY
Niluthpal Chakraborty	BOTANY
Snighdha sinha	BBA
Ishita Baidya	ZOOLOGY
Alem Debbarma	SOCIOLOGY
Salia Debbarma	BBA
Kanika Debbarma	ENGLISH
Riya Debnath	ENGLISH
Partha Das	GEOGRAPHY
Diya Sarkar	ENGLISH
Hyunmilee Debbarma	HUMAN PHYSIOLOGY
Jove Debbarma	HUMAN PHYSIOLOGY
Diksha Debbarma	HUMAN PHYSIOLOGY
Ayesha Chakma	HUMAN PHYSIOLOGY
Aryan Debbarma	SOCIOLOGY
Alena Debbarma	HUMAN PHYSIOLOGY
Tanisha Debbarma	HUMAN PHYSIOLOGY
Simari Debbarma	HUMAN PHYSIOLOGY
Sahel Debbarma	BBA
Biplab Tripura	HUMAN PHYSIOLOGY
Rohan Debbarma	BOTANY
Raida Debbarma	BBA
Papia Biswas	HUMAN PHYSIOLOGY
Payal Debbarma	ENGLISH
Jeshmine Debbarma	POLITICAL SCIENCE
Joelly Debbarma	BBA

*Total no. of  
students  
712*

*Certified by  
L. Dutta  
20/01/24  
Department of History  
Holy Cross College  
Agartala.*



**Holy Cross College, Agartala**  
**Department of History**

Dorendra Debbarma	POLITICAL SCIENCE
Anannya Debnath	ENGLISH
Joshua Debbarma	BBA
Sagar Debbarma	BBA
Usprangsu Debbarma	BBA
Shiva Jamatia	POLITICAL SCIENCE
Rajib Reang	HUMAN PHYSIOLOGY
Sudipta Sarkar	HUMAN PHYSIOLOGY
Mukthang Debbarma	ENGLISH
Peter Debbarma	ENGLISH
Saamyendu Datta	BOTANY
Nakha Tripura	POLITICAL SCIENCE
Memory Kalai	BBA
Khonjopra Kalai	BOTANY
Jora Debbarma	BBA
Aniket Debbarma	BBA
Victoria Kalai	BBA
Rose Jamatia	ZOOLOGY
Suhana Debbarma	SOCIOLOGY
SALSWKANG DEBBARMA	BBA
Nia Debbarma	ZOOLOGY
Diya Debbarma	ZOOLOGY
Saptadeep Debbarma	ENGLISH
Dilsan Gobind Debbarma	BOTANY
Sourav Kar	BBA
Chongkrungti Reang	BBA
Mehendi Jamatia	SOCIOLOGY
Abhijit Mog	POLITICAL SCIENCE
Priti Debbarma	BBA
Kabita debbarma	ENGLISH
Syeda Mahjabeen Ali	ENGLISH
Kabita debbarma	ENGLISH
Priti Debbarma	BBA
Sourav Garthakur	POLITICAL SCIENCE

  
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